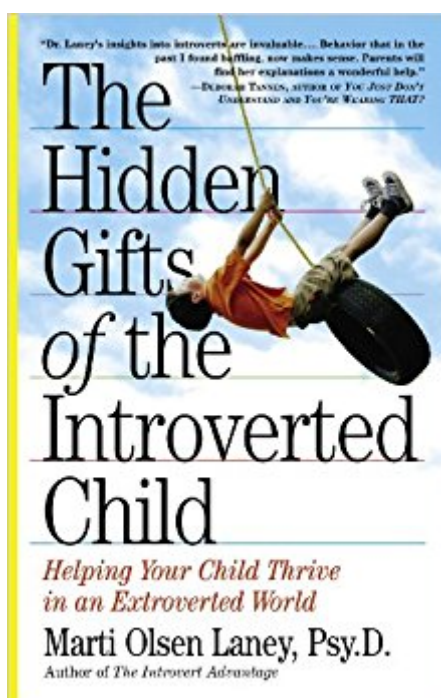


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The Hidden Gifts Of The Introverted Child: Helping Your Child Thrive In An Extroverted World



Synopsis

Introverted children are often misunderstood, even by their parents, who worry about them. Engaged by their interior world, they're often regarded as aloof. Easily overwhelmed by too much stimulation, they can be seen as unmotivated. Content with just one or two close friends, they may be perceived as unpopular. Parents fret that they are unhappy and maladjusted. But the truth is quite different: Introverted children are creative problem solvers. Introverted children love to learn. Introverted children have a high EQ (emotional IQ) and are in touch with their feelings. They take time to stop and smell the roses, and they enjoy their own company. They are dependable, persistent, flexible, and lack vanity. How can parents help their introverted children discover and cultivate these wonderful gifts? Help is here. Written by Dr. Marti Olsen Laney, author of *The Introvert Advantage* with 74,000 copies in print, *The Hidden Gifts of the Introverted Child* fully explains introversion as a hardwired temperament, not a disability, and tells just what parents need to do to help their child become the person he or she is meant to be—and succeed in an extroverted world. Beginning with a 30-question quiz that places a child on the introvert/extrovert continuum, *The Hidden Gifts* shows parents how to foster a climate that allows introverted kids to discover their inner strengths; schedule ways for a very young innie to recharge those batteries and teach an older child to do it for him- or herself; create a harmonious household with siblings, and parents, of different temperaments; help innies find success at school, sports, parties, and other group activities.

Book Information

Paperback: 256 pages

Publisher: Workman Publishing Company; First Edition edition (December 1, 2005)

Language: English

ISBN-10: 0761135243

ISBN-13: 978-0761135241

Product Dimensions: 5.9 x 0.9 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 32 customer reviews

Best Sellers Rank: #119,780 in Books (See Top 100 in Books) #110 in [Books > Parenting & Relationships > Parenting > School-Age Children](#) #126 in [Books > Health, Fitness & Dieting > Children's Health > Autism & Asperger's Syndrome](#) #287 in [Books > Self-Help > Communication & Social Skills](#)

Customer Reviews

"Dr. Laney's insights into introverts are invaluable....Behavior that in the past I found baffling, now makes sense. Parents will find her explanations a wonderful help." — Deborah Tannen, author of *You Just Don't Understand* and *You're Wearing That?* --This text refers to an out of print or unavailable edition of this title.

Do you have a child who hangs back at birthday parties? Who dreads being called on in class? Who hugs the sidelines, and who surprises you by seeming withdrawn or aloof in public but turns into a chatterbox at home? The plight of the introverted child is to be often misunderstood. Parents, siblings, classmates, teacher, and most devastatingly the child himself feel that there's something wrong with him. With *The Hidden Gifts of the Introverted Child*, Dr. Marti Olsen Laney brings wisdom and science together to provide parents with an essential guide to raising a successful, well-adjusted innie. It covers the hard-wired introvert temperament; introvert-extrovert family dynamics; navigating school, sports, and social life; and especially, how to draw out your introvert's hidden gifts, which may include a love of learning, empathy, creativity, and flexibility—virtues easily lost in the bluster of an extroverted world.

My first reaction was, I'm not going to like this book. The title seems too pop-psychology and the whole "hidden gifts" thing... anyway, my snap judgment was that this would be a cheesy book. Boy, am I glad I was wrong. America is an extroverted country. Nearly 75% of the people you have met are extraverts - they get energized by getting it done, getting going, getting together. Zoom zoom zoom. Certainly our media is set up that way, and our success stories are full of it. So, ... 75% of the kids you have met are naturally inclined to do well in the zoom zoom culture. That leaves out 25% of the kids you have met, kids who cherish simplicity and deep relationships, and who do not go with the fast-paced flow. Introversion is normal - it is not a problem to be corrected, just like we don't try to change a child's left- or right-handedness. These kids may seem spacey or dreamy, and sometimes they are overlooked by the world. They need lots of downtime to recharge their batteries. For these kids, being in school is like being a rubberband. It's a stretch for them to get on a crowded schoolbus, then getting started on their day in a classroom full of kids is even more of a stretch. All day, they are surrounded by people, stretching, stretching. They are **far** out of their comfort zone, and sometimes, that rubberband snaps. Their teachers say that they have trouble with social skills, or they may get fixated on one topic or one friend to the exclusion of the others. The teacher may suspect a psychological problem, like ADD. These children may complain of being sleepy, or they

may just give up in the middle of the day, completely out of energy. But they are not difficult or diseased or disturbed. They are performing an unpleasant task - spending all their energy with no time to relax. Most classrooms are extroverted classrooms, with lots going on and a strictly-enforced fast pace. This book gave me a handle on introverted children and how to approach them, how to recognize and encourage them, and how to offer them the quiet time and orderliness they crave. It's written to equip parents with a toolbox for teaching coping skills to their introverted kids. My favorite idea in the book was... introverted kids are like contented trees. Trees dig those roots in deep sigh with the wind. Children like to have roots, too. Orderliness and predictable patterns give them that rootedness. That, and your love and acceptance!

I bought this book in paperback form from a different seller being fulfilled by . The book was listed "Like-New". However, there doesn't seem to be anything used about it. The pages were clean and the spine unbent. I'm happy about that since I only paid less than \$6 for it! The book contents are great! I checked this book out from my local library and after reading a few sections I knew I needed my own copy. I have learned tons about my daughter's (2.5 year old toddler) learning patterns and behavior. Many doctors have been trying to diagnose her with Autism and I just don't think that's her case. Since I spend every single day with her I knew there must be an answer to her quiet and shy demeanor. I've found all my answers and much more with this book! Parents of introverted children, this is a MUST read!

As an introvert (INFJ) I was fascinated to find "me" on nearly every page! A great resource for teacher or parent. Gives you an appreciation for the psychologically neglected introvert personality type. May present "abuse" tactics nearly everyone makes when dealing with the introvert. Whether you are extrovert or introvert, a "must read" text, now and in the future.

Being an introvert myself, and having introverted children and grandchildren, I found this book VERY helpful. Affirming, really. In a culture that seems to reward the extroverted person in most ways, this book gets downright practical in helping the self, the parent and the grandparent affirm and support himself or herself and those around who are born this way. It is worthy of being read and re-read by both introverts and extraverts.

This book is very informative. I am introverted and have an introverted grandson. It was important to me to direct my grandson in play appropriate for enhancing his personality and also learning how to

suggest interactions with more extroverted people. It is great to understand how introverted people process information versus the thought processes of an extrovert. Great book! Very thought provoking.

As an "outie" mom with an "innie" son, I feel like this book is a God-send. WORTHY EVERY PENNY!!! I have learned so much about introverts that I never knew and definitely never truly stopped to appreciate. My son was labeled as "shy" as a toddler. While it was a convenient label teachers and adults (including me), it is and was completely inaccurate. The insight that Dr. L shares convicted me, but will help me parent my "innie" the way he needs to be parented. It was like completing a course in a foreign language. After reading it, I feel like I have not only a greater appreciation for my son, but the other "innies" out there who add depth, sensitivity, and a softness that this "in your face" world need. It should be required reading for all teachers, pediatricians, and psychologists -- but most importantly "outies" like me who have been blessed with an "innie" in their lives.

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